



MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH

SUICIDE PREVENTION

2008-2009 TRAINING CALENDAR



Educational Trainings

sponsored by the

***Massachusetts Department of Public Health
& AdCare Educational Institute, Inc.***

ASSESSING & MANAGING SUICIDE RISK: CORE COMPETENCIES

NEW DEVELOPMENTS IN UNDERSTANDING & TREATING SELF-INJURY

BEREAVEMENT AFTER SUICIDE: WALKING THE JOURNEY OF SURVIVORS

MANAGING SUDDEN TRAUMATIC LOSS IN SCHOOLS

ASPHYXIAL GAMES IN PRE-ADOLESCENTS & ADOLESCENTS

UNLOCKING SUICIDAL SECRETS: NEW THOUGHTS ON OLD PROBLEMS



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Presented by Barry N. Feldman, Ph.D.
Director, Psychiatry Services in Public Safety
UMass Memorial Medical Center

Workshop Overview:

Suicidal behaviors are a reality for mental health professionals and a source of significant distress for them. This workshop focuses on competencies that are core to assessing and managing suicide risk and consists of:

- ◆ Pre-workshop reading (about 20 pages)
- ◆ 6.5 hours of face-to-face training, mixture of lecture & exercises
- ◆ Training DVD in eight segments, including demonstration of a clinical interview
- ◆ 110 page Participant Manual
- ◆ Participant journaling
- ◆ Q & A and discussion

Who Should Attend:

This workshop is designed to meet the needs of **mental health and substance abuse care providers** across the entire professional spectrum. The course is equally useful whether you are a psychiatrist, psychologist, licensed counselor, social worker, nurse, and employee assistance professionals—literally any practicing behavioral health specialist. **Mental health professionals** who attend this course will be more knowledgeable and confident when faced with suicidal clients.

Objectives:

By attending this course, participants will:

1. Increase their knowledge of the following core competencies: maintaining an effective attitude and approach; collecting accurate assessment information; formulating risk; developing a treatment and services plan; and managing care.
2. Experience increased willingness, confidence and/or clarity in working with individuals at risk for suicide.
3. Identify changes to make in their practice, specific to the assessment and management of individuals at risk for suicide.

Agenda:

8:00–8:30	Registration and Continental Breakfast
8:30–8:45	Welcome and Overview
8:45–9:00	Opening Exercise & Introductions
9:00–10:30	Attitudes & Approach
10:30–10:45	Break
10:45–11:05	Understanding Suicide
11:05–12:15	Eliciting Suicide Ideation, Behavior & Plans
12:15–1:15	Lunch
1:15–2:15	Formulation of Risk
2:15–3:00	Treatment Planning
3:00–3:15	Break
3:15–3:45	Treatment Planning (continued)
3:45–4:15	Management of Care
4:15–4:30	Documentation
4:30–4:45	Legal and Regulatory Issues
4:45–5:00	Summary and Evaluation

Pre-workshop readings for this workshop will be mailed 8 days before the training date.

Fee:

\$25.00

Registration:

8:00–8:30 am

Workshop:

8:30 am–5:00 pm

<i>Date</i>	<i>Location</i>	<i>ID#</i>
November–December 3		
11/4/08	Crowne Plaza Hotel, Worcester	#102
11/13/08	Holiday Inn, Holyoke	#103
12/4/08	Holiday Inn, Taunton	#104
February–March 3		
2/3/09	Clarion Hotel & Conference Center, West Springfield	#105
2/26/09	Crowne Plaza Hotel, Worcester	#106
3/3/09	Radisson Hotel, Hyannis	#107



Presented by Barent Walsh, Ph.D.

Executive Director of The Bridge of Central Massachusetts in Worcester, MA

Internationally known expert in the field of self-injury and author of the book *Treating Self-Injury*

Workshop Overview:

One of the most challenging problems for clinicians and other professionals is dealing effectively with self-injury. Of special concern is that self-injury has recently moved from clinical populations such as those served in hospitals and group homes to the general population including middle, high school and college students. This presentation will focus on understanding, managing and treating diverse forms of self-injury including arm and body cutting, self-inflicted burning, and excoriation of wounds. Self-injury will be distinguished from suicidal behavior in terms of a number of key characteristics. Eight levels of care in the management and treatment of self-injury will be reviewed.

Who Should Attend:

Clinicians; mental health care professionals; psychologists, school administrators, nurses, counselors; college counseling staff, health center staff; residential staff; corrections staff; social workers; drug and alcohol counselors.

Objectives:

Following this presentation, participants will be able to:

1. Differentiate self-injury from suicide
2. Identify eight levels of care in managing and treating self-injury
3. Understand a protocol for responding to self-injury in school settings
4. Understand replacement skills that help self-injurers give up the behavior

Fee:

\$25.00

Registration:

8:00–9:00 am

Workshop:

9:00 am–4:00 pm

Agenda:

8:00–9:00	Registration and Continental Breakfast
9:00–9:45	A review of the basic forms of direct and indirect self-harm; Distinguishing self-injury from suicide
10:00–10:30	Speculations about the rising prevalence of self-injury in the general population including middle and high schools and universities
10:30–10:45	Break
10:45–12:00	Part I: Eight levels of care in managing and treating common self-injury, including: <ol style="list-style-type: none"> 1) the informal response 2) crisis intervention 3) assessment 4) use of a school protocol and prevention of contagion (including a video presentation)
12:00–1:00	Lunch
1:00–2:45	Part II: Eight levels of care in managing and treating common self-injury, including: <ol style="list-style-type: none"> 5) replacement skills training (including video demonstration) 6) family treatment 7) cognitive therapy (including video demonstration)
2:45–3:00	Break
3:00–3:50	8) body image work and exposure treatment of sexual abuse trauma as related to self-injury
3:50–4:00	Conclusion and completion of evaluations

Date		Location	ID#
10/14/08	full day	Wyndham Hotel, Andover	#108
3/25/09	full day	Best Western Royal Plaza, Marlborough	#109



Presented by: John R. Jordan, Ph.D.

Dr. Jordan provides training nationally and internationally for therapists, healthcare professionals, and clergy through the American Academy of Bereavement and AFSP. He is the co-author of After Suicide Loss: Coping with Your Grief, a book on suicide bereavement for surviving friends and family.

Workshop Overview:

This workshop will provide a focused overview of the impact of suicide on survivors, and the clinical and support responses that are needed after a suicide occurs. The workshop will include didactic presentation, group discussion, case examples from the presenter's practice, and video. Topics to be covered will include:

1. A brief review of the epidemiology and contributing factors involved in most suicides
2. The psychological impact of suicide on survivors
3. Common themes in the bereavement of survivors
4. Risk factors for complicated grief after suicide
5. General principles of grief support after traumatic losses
6. What research on survivors tells us is needed
7. Principles of immediate postvention after a suicide
8. Implications for longer term clinical work with survivors
9. Examples of innovative support programs for survivors

Who Should Attend:

Mental health care professionals, clinicians, social workers, thanatologists, clergy and faith community leaders, grief counselors, psychologists, survivors (those that have lost someone to suicide).

Objectives:

At the end of this workshop, participants will be able to:

1. Identify at least five common themes in bereavement after suicide.
2. Assess for risk factors for complicated grief responses in survivors.
3. Describe principles of immediate and longer term clinical work with suicide bereavement.
4. Consider options for the development of organized support services for survivors.

Agenda:

8:00–8:30	Registration and Continental Breakfast
8:30–9:30	What Should I Know About Suicide?
9:30–10:15	Who Is a Survivor?
10:15–10:30	Break
10:30–12:00	What is the Impact of Suicide on Survivors?
12:00–1:00	Lunch
1:00–2:30	What Do Survivors Need to Recover?
2:30–2:45	Break
2:45–4:00	What Can We Do To Help Survivors?

Fee:

\$25.00

Registration:

8:00–8:30 am

Workshop:

9:00 am–4:00 pm

<i>Date</i>	<i>Location</i>	<i>ID#</i>
10/8/08	full day	The Beechwood Hotel, Worcester
		#110



Presented by Maureen M. Underwood, LCSW

Maureen is a licensed clinical social worker and certified group psychotherapist with over 30 years of experience in mental health and crisis intervention with a practice specialty in suicide, grief, trauma, and crisis resolution for children and families.

Workshop Overview:

Traumatic death, often by suicide, is an unfortunate reality for many school communities. With policies and procedures in place that are grounded in best practice recommendations, schools *can* be prepared to respond to the needs of all members of the school community with competence and compassion. This workshop will review the impact of traumatic death on the school community and outline specific, practical response strategies.

Agenda:

8:00–9:00	Registration and Continental Breakfast
9:00–10:45	Competent and Compassionate School Community
10:45–11:00	Break
11:00–12:30	Specific Strategies
12:30	Evaluations

Who Should Attend:

School Board members, superintendents, principals, vice principals, school nurses, counselors and anyone interested in helping schools to respond to tragic loss.

Objectives:

At the end of this workshop attendees will be able to:

1. Understand the concept of the “competent and compassionate school community”
2. Identify the needs of this community after a traumatic death
3. Outline both the rationale and practical application of specific strategies to meet these needs

Fee:

\$10.00

Registration:

8:00–9:00 am

Workshop:

9:00 am–12:30 pm

Date		Location	ID#
11/18/08	half day	Best Western Royal Plaza, Marlborough	#111



Presented by: Thomas A. Andrew, MD

Office of Chief Medical Examiner, State of New Hampshire

Workshop Overview:

Asphyxial games, as played by young adolescents and going by various names are not new phenomena. What appears to be different at present is an increase in lethality introduced by the increasing use of ligatures and “playing” the game alone. The author presents two closely spaced, but unrelated deaths in young adolescent males that revealed this surprisingly widespread practice in New Hampshire youth. These deaths led to retrospective review of other, similar deaths in the state. Presented is the experience of the author in consulting on similar cases and characteristics of victims of this practice that may help distinguish these deaths from suicidal asphyxia. Also presented is a literature review of both asphyxial games and the certification difficulties inherent in apparent youth suicides. Lastly, examination of media coverage of this issue in other jurisdictions around the world is reviewed.

Who Should Attend:

Public health and mental health care professionals, clinicians, social workers, school counseling staff, school nurses, first responders, emergency medical technicians.

Conclusions:

Asphyxial games are likely to be more widespread than is typically appreciated by medicolegal authorities, including investigators, medical examiners and coroners. This may lead to misclassification of these deaths as suicides when they are more appropriately considered accidental in manner. Media coverage of these cases seems to indicate the media may be better informed on this subject than forensic pathologists and death investigators.

Agenda:

8:00–9:00	Registration and Continental Breakfast
9:00–10:45	Asphyxial Games
10:45–11:00	Break
11:00–12:30	Media Coverage and Conclusions
12:30	Evaluations

Fee:

\$25.00

Registration:

8:00–9:00 am

Workshop:

9:00 am–12:30 pm

Date	Location	ID#
12/11/08	half day	Best Western Royal Plaza, Marlborough
		#115

Presenter: Shawn Christopher Shea, M.D.

Shawn Christopher Shea, M.D. has been a dynamic force in the field of mental health for years. Recognized nationally as a preeminent leader in suicide prevention and clinical interviewing, he is now the Director of the Training Institute for Suicide Assessment and Clinical Interviewing.

Workshop Overview:

This full-day workshop provides front-line clinicians with the state of the art skills necessary to tackle some of the most difficult clinical situations facing experienced clinicians regarding suicide assessment, documentation of risk, and treatment planning.

In the first workshop, Dr. Shea brings a fresh perspective—matrix treatment planning—to our efforts to transform the types of stalled treatment plans that may lead to suicide, as well as preventing suicide through the prospective building of a more resilient happiness in our clients. In the next workshop, a sophisticated look is given to the concept of risk and protective factors, focusing on their immediate application to the clinical formulation of suicide potential (including detailed looks at the SAD PERSONS SCALE, the NO HOPE Scale and the new risk-factor mnemonic from the American Association of Suicidology). Dr. Shea then proceeds to dissect the fine art of documenting a suicide assessment, providing tips for writing a sound document that is both a useful clinical tool and a written record that can keep the clinician “out of court.”

After lunch the focus shifts to direct methods of uncovering dangerous secrets. The first afternoon workshop is devoted to understanding five practical validity techniques: the behavioral incident, shame attenuation, gentle assumption, symptom amplification and denial of the specific—the cornerstones for effectively eliciting suicidal ideation. Dr. Shea demonstrates how these techniques can also provide powerful gateways for uncovering physical abuse, drug abuse, antisocial behavior, and incest. The final workshop of the day is devoted to a demonstration of how these validity techniques can be woven into a specific strategy for eliciting suicidal ideation—the Chronological Assessment of Suicide Events (the CASE Approach). The highly acclaimed CASE Approach has been described by David Jobes Ph.D., a former President of the American Association of Suicidology, as follows:

“The CASE Approach moves the clinician almost imperceptibly into the secret internal workings of the mind and soul of the patient tormented by suicidal ideation. I believe that the CASE Approach is a remarkable conceptual and clinical contribution to the field of suicidology. It should be taught to any front-line clinician. It has the power to meaningfully save lives.”

All interviewing techniques will be clearly demonstrated through the use of videotape examples from actual client interviews.

Who Should Attend:

Clinicians, mental health care professionals, psychologists, social workers.

Objectives:

1. Be able to effectively apply the principles of matrix treatment planning and understand their relationship to the quest for a more resilient form of happiness and suicide prevention (including healing matrix effects, damaging matrix effects, and the Red Herring Principle).
2. Be able to use the current state of the art regarding risk and protective factors to better formulate suicide risk, including the ability to utilize interviewing techniques for uncovering psychotic risk factors such as command hallucinations, feelings of alien control, and hyper-religious ideation.
3. Understand how attorneys use the written document to attack or defend in malpractice suits and the “Seven Protective Principles for Suicide Documentation.”
4. Recognize and be able to utilize the following five techniques for increasing validity: the behavioral incident, shame attenuation, gentle assumption, symptom amplification, and denial of the specific.
5. Be able to utilize flexible strategies for weaving the above five validity techniques into effective methods of uncovering sensitive material related to suicide such as antisocial behavior, substance abuse, and violent ideation, while maintaining a powerful engagement.
6. Apply the CASE Approach to uncover hidden suicidal ideation and actions.

Agenda:

Registration and Continental Breakfast	8:00–9:00 am
Topic I	9:00–10:30 am
The Art of Matrix Treatment Planning: Suicide Prevention in a New Light	
BREAK	10:30–10:45 am
Topic II	10:45–12:15 am
Risk and Protective Factors in Suicide Assessment and the Art of Sound Documentation	
LUNCH	12:15–1:15 pm
Topic III	1:15 - 2:45 pm
Innovative Interviewing Techniques for Uncovering Suicidal Ideation and Other Sensitive Material	
BREAK	2:45–3:00 pm
Topic IV	3:00–4:30 pm
The Delicate Art of Eliciting Suicidal Ideation— The Chronological Assessment of Suicide Events	

Fee:

\$25.00

Registration:

8:00–9:00 am

Workshop:

9:00 am–4:30 pm

Date	Location	ID#
4/7/09	full day	The College of Holy Cross, Hogan Campus Center, Worcester #113



DIRECTIONS

Wyndham Andover **123 Old River Road, Andover, MA 01810**

From the North: Take Route 93 South to Exit 45 (River Road), South Lawrence. Turn right off the ramp. Take second left. This will be Old River Road. Follow this road until it ends in the parking lot of the Wyndham Andover Hotel.

From the South: Take Route 93 North to Exit 45 (River Road), South Lawrence. Turn left off the ramp. Take next left onto Old River Road. Follow this road until it ends in the parking lot of the Wyndham Andover Hotel.

From the West: From the Mass Pike, take Route 495 North. Follow Route 495 North to exit 40. This will be Route 93 North. From Route 93, go 1 mile to exit 45 (River Road), South Lawrence. Take next left of exit. Follow this road until it ends in the parking lot of the Wyndham Andover Hotel.

Holiday Inn-Holyoke **245 Whiting Farms Rd Holyoke, MA 01040** **(413) 534-3311**

From the East (Boston & Worcester): Take Mass Pike West to exit 4, to I-91 North, to first exit (Holyoke/Ingleside). Turn right off exit, the hotel is on your left across from the Ingleside Mall.

From the West: Take Mass Pike (I-90) East to exit 4, to I-91 North. Take Exit 15 (Holyoke/Ingleside). Turn right off the exit, the hotel is on your left across from the Ingleside Mall.

Clarion Hotel & Conference Center **1080 Riverdale Street, West Springfield, MA** **(413) 781-8750**

From the Massachusetts Turnpike: Take the Massachusetts Turnpike (I-90) West to Exit 4. Follow Riverdale Street (Route 5) South. The hotel is 1-1/4 miles on the right.

Or...

Take the Massachusetts Turnpike (I-90) West to Exit 4 to I-91 South to Exit 13B. The hotel is 1/8 of a mile on the right.

From Interstate 91: From the North or South, take Exit 13B. The hotel is 1/8 of a mile on the right.

Radisson Hotel Hyannis **287 Iyannough Road, Hyannis, MA 02601** **(508) 771-7100**

From Boston and Points North: Take Route 93 to Route 3 south. Follow over Sagamore Bridge, Route 6 east (Mid-Cape Highway). Follow to exit 7, Willow Street, West Yarmouth. Take a left at the bottom of the ramp. Go 2 miles to Route 28 north; turn right at traffic light/railroad tracks. 100 yards on the left is the Radisson Hotel Hyannis.

From Springfield and Points West: Take the Mass Turnpike, Route 90 east. Follow exit 11 A (495 south). Route 495 merges into Route 25. Follow over the Bourne Bridge, go ¾ around the Bourne Rotary, pick up Route 6A east. Follow 6A until your first set of traffic lights. Take a right to Route 6 east (Mid-Cape Highway). Take exit 7, Will Street, West Yarmouth. Take a left at the bottom of the ramp. Go 2 miles to Route 28 north; turn right at traffic light/railroad tracks. 100 yards on the left is the Radisson Hotel Hyannis.

Holiday Inn **700 Myles Standish Blvd., Taunton, MA** **(508) 823-0430**

From Route 495: Take Route 95 South to Route 495 OR Route 24 South to 495 North to Exit 9 Bay St. Taunton/Easton. Merge onto Bay St. Turn right onto Industrial Park Rd. Industrial Park Rd. turns into Myles Standish Blvd.

From the South: Route 95 North to Route 495 South to Exit 9 Bay St. Taunton/Easton. Merge onto Bay St. Turn right onto Industrial Park Rd. Industrial Park Rd. turns into Myles Standish Blvd.

From the East (Cape Cod): Route 495 North to Exit 9 Bay St. Taunton/Easton. Merge onto Bay St. Turn right onto Industrial Park Rd. Industrial Park Rd. turns into Myles Standish Blvd. The Holiday Inn – Taunton is visible from Route 495, and is located in the Myles Standish Industrial Park.

Hogan Campus Center–Holy Cross College
One College Street, Worcester, MA
508-793-2011

By Car:

From the East and West (Boston, Hartford and New York):

Massachusetts Turnpike (I-90) Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. Go up the hill, past the Main Gate and enter the last gate on the left, Gate 7.

The Hogan Campus Center is the second building on the left with the large silver cross on it. Visitor parking is to the right of the Campus Center in the center lots. Please do not park in any of the side parking lots posted with white and green signs designating Student and Faculty/Staff parking only.

From the North:

I-495 South to I-290 West, Exit 25B. From I-290 West take Exit 11 (College Square, Southbridge Street). Bear left coming off the ramp onto Southbridge Street. Take the first right (before the traffic light) onto College Street. Go up the hill, past the Main Gate and enter the last gate on the left, Gate 7.

The Hogan Campus Center is the second building on the left with the large silver cross on it. Visitor parking is to the right of the Campus Center in the center lots. Please do not park in any of the side parking lots posted with white and green signs designating Student and Faculty/Staff parking only.

From the Southeast: I-495 North to Massachusetts Turnpike (I-90) Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Worcester) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. Go up the hill, past the Main Gate and enter the last gate on the left, Gate 7.

The Hogan Campus Center is the second building on the left with the large silver cross on it. Visitor parking is to the right of the Campus Center in the center lots. Please do not park in any of the side parking lots posted with white and green signs designating Student and Faculty/Staff parking only.

From the South (Providence, Rhode Island):

*****146 Construction Directions*****

Route 146 North to MA Pike West to Exit 10 Auburn. Go through tolls to I-290 East toward Worcester. Take Exit 11 (College Square/Worcester) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. Go up the hill, past the Main Gate and enter the last gate on the left, Gate 7. The Hogan Campus Center is the second building on the left with the large silver cross on it. Visitor parking is to the right of the Campus Center in the center lots. Please do not park in any of the side parking lots posted with white and green signs designating Student and Faculty/Staff parking only.

Best Western Royal Plaza
181 Boston Post Road West (Route 20), Marlboro, MA
(508) 460-0700

From the Mass Pike (I-90): Take the Mass Pike to Route 495 – Exit 11A. Take Route 495 North to Exit 24B, which is Route 20 West. The hotel will be approximately one mile down the road on the right.

From Route 290: Take Route 290 to Route 495 South. Take Exit 24B (Route 20 West) off Route 495. The hotel will be approximately one mile down the road on the right.

The Beechwood Hotel
363 Plantation Street, Worcester, MA
(508) 754-5789

From the East:

- Take I-90 (Mass Turnpike) to I-495 North
- Take Exit 23B to Route 9 West and follow into Worcester (about 10 miles).
UMASS Memorial Medical Center is on the right.
- Turn right at the second light after the bridge onto Plantation Street.
- Turn left at the next light to the Beechwood Hotel entrance.

From the West:

- I-90 (Mass Turnpike) to exit 10 (I-290)
- Take exit 15 (Shrewsbury Street)
- Follow until it merges with Rte 9.
- Stay to the left and take first left at lights onto Plantation Street.
- Take a left at the next light to the Beechwood Hotel entrance.

Via Public Transportation:

T commuter rail leaves from South Station at 6:50 AM (or Back Bay at 6:55), scheduled arrival at Worcester Union Station 8:01 AM. There are three Worcester Transit routes serving the Beechwood site: 24E, 15, and 12. Schedules and maps are available at the Worcester Regional Transit Authority website, www.therta.com/ <<http://www.therta.com/>> then go to Schedules and Maps.

Crowne Plaza Worcester
10 Lincoln Square, Worcester, MA
(508) 791-1600

From Logan Airport (Boston): Take Sumner Tunnel to Route 93 South, to Route 90 West (Mass. Pike). Get off at Exit 10 (Auburn). After the tollbooth, bear left at the fork. Take Route 290 East. Get off at Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights at the bottom of the hill make a left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on your right.

From Route 90 (The Mass Pike–Boston, MA): Take Route 90 West (Mass Pike West) to Exit 10 (Auburn). After the tollbooth, bear left at the fork. Take Route 290 East. Get off at Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights at the bottom of the hill make a left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on your right.

From Route 495 (Foxboro, MA): Take Route 495 North. Get off at Exit 25B. Take Route 290 west. Get off at Exit 18. Take a right at the end of the ramp. Go straight through two sets of lights. The Hotel is on your right.

From Route 9 (Framingham): Take Route 9 West all the way into Worcester. You will cross Lake Quinsigamond Bridge. About four miles up the road, Memorial Hospital will be on the right. At the third set of lights when you come down the hill take a left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on your right.

From Route 95 (Route 128, Lincoln, MA & Concord, MA): Take Route 95 South (Route 128 South) to Route 90 West (the Mass Pike West). Get off at Exit 10 (Auburn). After the tollbooth, bear left at the fork. Takes route 290 East. Get off on exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on right.

From Route 146 (Providence, RI & Millbury and Sutton): Take 146 North to Route 290 East. Get off at Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on the right.

From Route 95 (Cape and South Shore): Take Route 95 North to Route 90 West (The MA Pike West) Get off at Exit 10 (Auburn) after the tollbooth, bear left at the fork. Take 290 East. Get off at Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on the right.

From Route 95 (Route 128, Dedham, Westwood MA): Take Route 95 North (Route 128 North) to Route 90 West (MA Pike West) Get off at Exit 10 (Auburn). After the toll booth bear left at the fork. Take Route 290 East. Get off on Exit 17. Take a left at the top of the ramp at a set of lights. At the second sets of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on the right.

From Route 90 (Mass Pike, Springfield): Take Route 90 East (MA Pike East) to Exit 10 (Auburn). After the toll booth bear left at the fork. Take Route 290 East. Get off on Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The Hotel is on the right.

From Route 495 (ME/NH/VT): Take Route 495 South to Route 290 West. Get off on exit 18. Take a right at the end of the ramp. Go straight through two sets of lights. The Hotel is on the right.

From Route 95 (NY/NJ): Take Route 95 North to Route 91 North to Route 84 East (Hartford) to Route 90 East (Mass Pike East). Get off at Exit 10 (Auburn). After the toll booth bear left at the fork. Take Route 290 East. Get off at Exit 17. Take a left at the top of the ramp at a set of lights. At the second set of lights take another left onto Major Taylor Boulevard (Formally Worcester Center Boulevard). The hotel is on the right.

DIRECTIONS





POLICIES & PROCEDURES

Continuing Education:

Continuing Education will be offered for Licensed Alcohol and Drug Counselors, (LADC I, LADCII, and LADC Assistants, Certified Alcohol and Drug Abuse Counselors (CAC/CADAC), Certified Addiction Specialists (CAS), Nurses (RN/LPN), Social Workers (SW) and Licensed Mental Health Counselors (LMHC). AdCare Educational Institute, Inc., is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors (NCC). We adhere to NBCC Continuing Education Guidelines. To ensure state credentials, contact your local board of certification. For Social Work credits, contact AdCare Educational Institute to determine if an authorization number has been secured. AdCare Educational Institute, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. AdCare Educational Institute, Inc. maintains responsibility for this program and its content.



Certificates of Completion:

Certificates of completion will be awarded to participants who have completed the full day of training and have paid registration fees. Please do not make any personal or professional appointments during the days of the training, as participants who miss more than 30 minutes from a full-day training will not be issued certificates of attendance. This applies to time missed due to late arrivals, leaving early, or returning late from lunch or breaks.

Cancellation:

If the training is cancelled due to inclement weather, a message will be recorded on AdCare Educational Institute's voicemail at (508) 752-7313 by 6:30 am on the day of the training.

Access Accommodation:

If you are deaf or hard of hearing, or are a person with a disability who requires accommodation, please contact Laura Guida at (508) 752-7313 (phone), (508) 754-0039 (TTY) or email: Laura@adcare-educational.org.



Questions?

Laura Guida at AdCare Educational Institute, Inc.
(508) 752-7313 (phone), (508) 754-0039 (TTY)
Or e-mail: Laura@adcare-educational.org





REGISTRATION FORM

Registration:

Deadline for Registration is **one week** before the training date or when space has reached to full capacity. Advance registration and payment are required. Space is limited and will be filled on first come, first-served basis. We accept checks, money orders, and purchase orders.

To register, please complete this form, indicating workshop selections, include check payable to AdCare Educational Institute, Inc., and mail to:

AdCare Educational Institute, Inc.
5 Northampton St.
Worcester, MA 01605

Name _____

Agency _____

Address _____

City/State/Zip _____

Daytime Phone _____

Fax _____

(*Required) Email _____

**Registration Confirmation will be e-mailed to you at the e-mail address listed above. Please print e-mail address clearly. (Registration will be confirmed by e-mail only)*

If you are applying for CEUs, please indicate your professional affiliation

Continuing Education: _____

License #: _____

☐ LADC ☐ CAC/CADAC ☐ CAS ☐ RN/LPN

☐ NCC ☐ SW ☐ PSYCH

	Date	Location	ID#*
\$25.00	<i>Assessing & Managing Suicide Risk: Core Competencies for Mental Health Professionals</i>		
<input type="checkbox"/>	11/4/08	Worcester	#102
<input type="checkbox"/>	11/13/08	Holyoke	#103
<input type="checkbox"/>	12/4/08	Taunton	#104
<input type="checkbox"/>	2/3/09	West Springfield	#105
<input type="checkbox"/>	2/26/09	Worcester	#106
<input type="checkbox"/>	3/3/09	Hyannis	#107
\$25.00	<i>New Developments in Understanding & Treating Self-Injury</i>		
<input type="checkbox"/>	10/14/08	Andover	#108
<input type="checkbox"/>	3/25/09	Marlborough	#109
\$25.00	<i>Bereavement After Suicide: Walking the Journey of Survivors</i>		
<input type="checkbox"/>	10/8/08	Worcester	#110
\$10.00	<i>Managing Sudden Traumatic Loss in Schools</i>		
<input type="checkbox"/>	11/18/08	Marlborough	#111
\$25.00	<i>Asphyxial Games in Pre-Adolescents & Adolescents</i>		
<input type="checkbox"/>	12/11/08	Marlborough	#115
\$25.00	<i>Unlocking Suicidal Secrets: New Thoughts on Old Problems</i>		
<input type="checkbox"/>	4/7/09	Worcester	#113

